

# HELP PROTECT OUR COMMUNITY FROM COVID-19

## COVID-19 IS RISKY

- COVID-19 can be dangerous to everyone, but especially for people who are older, pregnant or have certain health conditions.
- Children are less likely than adults to get very sick. But some kids have gotten severely ill, and some have died.
- There is no cure for COVID-19.



## THE VACCINES WORK, EVEN AGAINST THE OMICRON VARIANT

- Vaccination greatly reduces the chance that you will become very sick or die.
- Booster shots increase protection.
- Studies suggest vaccination helps prevent new or ongoing symptoms of COVID-19 after an infection, or what is known as “long COVID.”

## THE VACCINES ARE SAFE

- You’re likely to have some short-term side effects, such as a sore arm, tiredness or a headache, but serious ones are rare.
- It’s far safer to get immunity from a vaccine than from an infection.
- Data show the benefits of the vaccines outweigh the risks, including for kids and before, during and after pregnancy.
- As with other vaccines, many experts have reviewed the COVID-19 shots and continue to monitor their safety.

## OTHER PRECAUTIONS ARE STILL IMPORTANT

- Face masks, physical distancing and being outdoors or in well-ventilated places can lower the risk of catching or spreading the virus.
- Wear a mask that fits well and is comfortable for you. Surgical masks and KN95s are better than cloth masks, while N95s are best.



Get the facts on COVID-19 at the University of Pennsylvania’s [FactCheck.org](https://factcheck.org), an award-winning project of the Annenberg Public Policy Center, by pointing your phone’s camera here:

